



ILMINSTER TOWN COUNCIL GRANT APPLICATION FORM 2015/16

Please Note: Prior to completion of this form please read The Town Council's Grant Policy and Guidelines

1. Name / Title of Organisation ...	<i>Life Education Wessex.</i>
2. Name of person submitting the application	<i>John Clements</i>
Position held in organisation ...	<i>Admin. Assistant</i>
Tel. No...	<i>01258 837417</i>
Email...	<i>john@lifeeducationwessex.org.uk</i>

3. Full details of project for which a grant is sought: *with emphasis on how it will benefit the citizens of Ilminster*

I am writing to request that the Ilminster Town Council kindly consider Life Education Wessex for a grant towards our work of providing health and drug prevention education to approximately 374 children at Greenfylde CE First school when we visit them in January 2019

Life Education Wessex (LEW) is an independent and self-financing charity and a recognised Delivery Partner of the UK's leading health and drug education programme, Coram Life Education. To schools and many of the children LEW is known as the 'Lifebus' and 'Harold', our giraffe mascot.

Apart from the immediate impact of our programmes upon the young children (confirmed by evaluations that we have carried out) our programmes will also have a positive impact upon the local community:

- Parents/carers attending our information sessions will be able to reinforce our positive messages at home*
- A reduction in drug & alcohol use by young people will result in less drug and alcohol related crime*

- *A reduction in alcohol use will also result in less anti-social behaviour thus improving community safety*

Life Education is a preventative approach. We teach children about diet, exercise, the wonder of life, themselves, and other people, with the aim of showing them how to reach their full potential.

The Life Education philosophy focuses on creating a sensitivity to values which lead to an understanding and appreciation of human life. This enables the child to make decisions about any negative influences that might impede the development of their fullest potential. Our educators take children on this journey, along with Harold the "Giraffe".

As we are all aware, children are facing ever increasing pressures to damage their health, whether through poor diet, drinking alcohol, smoking or misusing drugs:

- *Around a third (34%) of 2-15 year olds are overweight or obese*
(Health & Social Care Information Centre (HSCIS) 2014)
- *In 2013, 350,000 11 – 15 year olds took illegal drugs*
(Smoking, drinking and drug use among young people in England 2013 Survey)
- *10% of 11-15 year olds had drunk alcohol in the past week*
(Health & Social Care Information Centre 2012)

LEW has been providing its unique and valued health and drug prevention education to primary aged children (3-11) for almost 20 years. Every year we see over 52,000 children in schools throughout Somerset, Dorset, Devon and Hampshire. The aim is to help equip them with the knowledge, skills and self-confidence to form positive attitudes and make healthy choices. Through the use of group work, puppets, circle time discussion, drama and role play, music, exercise and a variety of audio-visual materials, all children are encouraged to participate.

The fun and memorable programmes are evidence based, age-appropriate and designed to be progressively delivered on an annual basis. They are developed and updated in line with

current best practice and government guidelines to complement the school PSHE curriculum. Children are also taught friendship skills and how to cope with bullying and peer pressure. The programmes are delivered by specially trained Educators; in purpose built mobile classrooms for the younger children and in school for the older pupils.

Through their annual visits to the mobile classrooms, children progressively acquire the skills and knowledge to make their own healthy choices in life.

Further information, including a DVD showing children in the mobile classroom, can be found on our website www.lifeeducationwessex.org.uk and in the enclosures. If you have further queries or if you, or any of your Trustees, would like to sit in on a session in the mobile classroom, please let me know.

4. Total anticipated cost of project 5. Amount of grant sought from Town Council and % of total project cost...

*The cost to deliver our health programs to schools is £630 a day; schools contribute approx.. half of this, and we need to raise the shortfall. We will be spending 4 days visiting the school mentioned above, which equates to a shortfall of **£1100**. We do not expect your Town Council to contribute the whole of the difference, but obviously that would be fantastic if you were able to. Nevertheless, any contribution you could make, however large or small, would be very much appreciated.*

(Please enclose supporting estimates)

N/A

6. Please give details of applications made to other grant making bodies in respect of this project

Somerset County Council.

South Somerset District Council.

7. Please provide details of the contribution that will be made by your organisation to the Project.

Please see 4 & 5 above

8. Has your organisation received a grant from this Council within the last 3 years?

YES/NO If YES, please provide details.

No

Please use additional sheets if necessary

Don't forget to include:

- Constitution / rules
- Financial information – accounts
- Evidence project costings are reasonable

Please return the completed form to

Ilminster Town Council

Council Offices

North Street

Ilminster

Somerset

TA19 0DG