



**ILMINSTER TOWN COUNCIL
GRANT APPLICATION FORM 2019/20**

Please Note: Prior to completion of this form please read The Town Council's Grant Policy and Guidelines

1. Name / Title of Organisation. Somerset and Wessex Eating Disorder Association

2. Name of person submitting the application. Laura Miller
Position held in organisation Development Officer
Address. The Coach House, Harvest Court, Park Road, Shepton Mallet BA4 5BS
Tel. No. 01749 343344
Email. lauramiller@swedauk.org

3. Full details of project for which a grant is sought: *with emphasis on how it will benefit the citizens of Ilminster*

We would like to run some senior school awareness sessions for young people living, schooling or socializing in Ilminster. On average, it will take 6-7 years for someone to recover from Anorexia Nervosa. However, evidence shows that the earlier someone receives help for an eating disorder, the more likely they are to recover. The most likely time for an eating disorder to begin is when a person is in their teenage years and, once patterns are established, it can be very difficult to reverse the behaviours associated with eating disorders. Offering awareness training and or support as soon as problems emerge means that the young person can go on to lead a full and fulfilled life rather than one dominated by issues around food and eating.

Eating disorders are on the increase in young people with more boys suffering than ever before and the age of presentation with disordered eating is dropping. Somerset and Wessex have their own eating disorder charity to address this but funds are needed for the work to continue.

4. Total anticipated cost of project (Please enclose supporting estimates)	£500
5. Amount of grant sought from Town Council and % of total project cost	£250
	50 %

6. Please give details of applications made to other grant making bodies in respect of this project
(eg South Somerset District Council/Lottery. etc)

Date	Organisation	Amount Sought	Granted
April 2019	Crewkerne T.C.	250	pending

7. Please provide details of the contribution that will be made by your organisation to the Project.

Our contribution is the training and full supervision of the facilitators, plus the ongoing work that occurs after the sessions have been delivered. We are having increasing referrals for young people that are then picked up by our young persons counsellor. In effect this sessions increase our workload, but are so important to deliver.

8. Has your organisation received a grant from this Council within the last 3 years?

NO

Please use additional sheets if necessary

Don't forget to include:

- Constitution / rules
- Financial information – accounts
- Evidence project costings are reasonable

Please return the completed form to

Iminster Town Council

Council Offices

North Street

Iminster

Somerset

TA19 0DG